



WINTER WARMERS

COLD AND FLU SEASON SORTED

UP TO 50% OFF RRP^{^*}

+ PHARMACY ONLY

touch[®]
RSV, FLU A/B & COVID-19 Rapid Antigen Combo Test (Nasal)
For Self-Testing

30% OFF RRP^{^*}

FROM \$15⁹⁹

touch[®]
RSV, FLU A/B & COVID-19 Rapid Antigen Combo Test (Nasal)
For Self-Testing

30% OFF RRP^{^*}

FROM \$11⁸⁹

- TouchBio**
- A. RSV, Flu A / B & Covid-19 Rapid Antigen Combo Test (Nasal) 2 Pack **\$15.99**
 - B. RSV, Flu A / B & Covid-19 Rapid Antigen Combo Test (Nasal) 5 Pack **\$37.99**

Always read the label and follow the directions for use.

Codral Night
Paracetamol 500mg
Phenylephrine hydrochloride 5mg
Chlorpheniramine maleate 2mg

30% OFF RRP^{^*}

FROM \$11⁸⁹

Codral Day & Night + Dry Cough
Paracetamol 500mg
Phenylephrine hydrochloride 5mg
Chlorpheniramine maleate 2mg
Dextromethorphan hydrobromide 10mg

30% OFF RRP^{^*}

FROM \$20⁵⁹

- Codral**
- A. Cold & Flu Night 24 Tablets **\$11.89**
 - B. Day & Night + Dry Cough 48 Capsules **\$20.59**

Always read the label and follow the directions for use.

NEW

Volta Heat
Pain Relief Patch

LONG LASTING 8 HRS HEAT RELIEF

Targeted Heat Therapy
Relief of Muscular Pain Back, Shoulders & Neck

13 cm x 9.5 cm

2 Patches

SAVE \$1.00 OFF RRP^{^*}

\$9⁹⁹

- VoltaHeat**
- Pain Relief Patch 2 Patches
- Always read the label and follow the directions for use.

+ PHARMACY ONLY

NUROFEN ZAVANCE
Ibuprofen Sodium Dihydrate 256mg

20% OFF RRP^{^*}

SAVE \$7.00 OFF RRP^{^*}

\$24⁹⁹ ea

NUROFEN ZAVANCE
Ibuprofen Sodium Dihydrate 256mg

20% OFF RRP^{^*}

SAVE \$7.00 OFF RRP^{^*}

\$24⁹⁹ ea

- Nurofen**
- Zavance 96 Caplets or Tablets

Always read the label and follow the directions for use. Incorrect use could be harmful.

+ PHARMACY ONLY

NEW FLAVOUR

SAVE \$2.71 OFF RRP^{^*}

\$22⁹⁹ ea

Panadol Children
5-12 years
Paracetamol 48 mg/mL
Fast pain relief

NEW FLAVOUR TUTTI FRUTTI

Panadol Children
5-12 years
Paracetamol 48 mg/mL
Fast pain relief

NEW FLAVOUR TUTTI FRUTTI

- Panadol Children**
- 5-12 Years Colour Free & Sugar Free Suspension 200mL (Variants)

Always read the label and follow the directions for use. Incorrect use could be harmful.

Budget Boosters

30% OFF RRP^{^*}

\$9³⁹

Sorbent
3 Ply Soft & Strong Toilet Paper 16 Pack

- Sorbent**
- 3 Ply Soft & Strong Toilet Paper 16 Pack

Difflam
ANTI-INFLAMMATORY + ANTIBACTERIAL

25% OFF RRP^{^*}

FROM \$6²⁹

Difflam Plus
ANAESTHETIC + ANTIBACTERIAL + ANTI-INFLAMMATORY

FAST NUMBING RELIEF

- Difflam**
- Lozenges Range (Selected Variants)
- Always read the label and follow the directions for use.

fisiocrem
Joint Ease & Solugel Ranges (Selected Variants)

25% OFF RRP^{^*}

- Fisiocrem**
- Joint Ease & Solugel Ranges (Selected Variants)
- Always read the label and follow the directions for use.

Coloxyl
WITH SENNA
Docusate sodium 50 mg
Total sennosides (calculated as sennoside B) 8 mg

FROM \$9⁹⁹

Coloxyl
WITH SENNA
Docusate sodium 50 mg
Total sennosides (calculated as sennoside B) 8 mg

FROM \$9⁹⁹

- Coloxyl**
- A. With Senna 90 Tablets **\$9.99**
 - B. With Senna 200 Tablets **\$20.99**
- Always read the label and follow the directions for use.

^{^*}Savings calculated on RRP provided by supplier at time of catalogue preparation and may not reflect previous in store selling price. ^{*}The percentage savings shown are calculated to the nearest 5% of the actual savings.

Healthy Living

Healthy living starts with healthy habits! Small, consistent choices that support your wellbeing and help manage everyday health concerns like heart health or blood sugar. Your local pharmacist is there to support you with trusted solutions, guidance and care tailored to your needs.



NO SUGAR

SAVE \$3.00 OFF RRP[^]
\$16.99 ea



Mineralyte
Hydrate+ Hydration Drops
Unflavoured 50mL

Always read the label and follow the directions for use.

NO SUGAR

SAVE \$4.00 OFF RRP[^]
\$25.99 ea



Mineralyte
Hydrate+ Hydration Drops
Unflavoured 125mL

Always read the label and follow the directions for use.

15% OFF RRP[^]

SAVE \$10.99 OFF RRP[^]
\$49 ea



Able
Ultrasonic Vaporiser
Always read the label and follow the directions for use.



OMRON
BLOOD PRESSURE MONITORS

Australia's
No.1
Blood Pressure
Monitor*

share
No.1 400million units sold

KEEP TRACK OF YOUR HEART AT HOME

Monitoring your blood pressure regularly helps you stay on top of your health and detect changes early. With an OMRON Blood Pressure Monitor, you can get accurate readings in the comfort of your own home. Making it easier to manage your health every day.



SAVE \$50.95 OFF RRP[^]
\$117 ea

30% OFF RRP[^]

STANDARD
M - L CUFF
BLOOD PRESSURE MONITOR
HEM7144T1



Always read the label and follow the directions for use.³

Global Home Appliance Market Comprehensive Survey 2025, Fuji Keizai Co., Ltd. (forecast for 2024)⁴

Global cumulative sales of home electronic blood pressure monitors (as of September 2025)

⁵ IQVIA Sell-Out Service, Blood Pressure Monitor category, Unit sales and Value sales, Oct 2025 MAT.

Have a heart to heart with your local pharmacist.

Book your heart health check today.



+ your local clinic

30% OFF RRP*

FROM \$16.79

Blackmores
A. Bio C 1000 62 Chewable Tablets \$16.79
B. Probiotics+ Immune Defence 30 Tablets \$22.99

Always read the label and follow the directions for use.

20% OFF RRP*

SAVE \$4.51 OFF RRP*

\$16.49 ea

Caltrate
Bone & Muscle or Bone & Muscle 50+ 100 Tablets

Always read the label and follow the directions for use.

25% OFF RRP*

SAVE \$4.56 OFF RRP*

\$13.39 ea

OsteVit-D
Vitamin D3 1000IU 60 Tablets or Vitamin D3 & Calcium Chewable 60 Tablets

Always read the label and follow the directions for use.

+ PHARMACY ONLY

SAVE \$2.00 OFF RRP*

\$7.99 ea

Kwells
Adult or Kids 12 Chewable Tablets

Always read the label and follow the directions for use.

BOOST YOUR IMMUNITY with LIPO-SACHETS®

Supports immune system health

DELIVERING superior absorption THAN STANDARD VITAMIN C²

ALSO AVAILABLE FOR **KIDS**

20% OFF RRP*

ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.
 2. M. Łukawski et al. (2019), Journal of Liposome Research, ISSN:0898-2104, AFT Pharmaceuticals Pty Ltd, Sydney.

Arma Yourself

TAKE DAILY

ArmaForce® Daily Protect
 Take daily for ongoing immune support all year round.

TAKE DURING

ArmaForce®
 Take at the onset of a common cold & flu for symptoms relief.

TAKE AFTER

ArmaForce® Recover
 Take after a common cold or flu to assist with recovery from illness.

Evidence based on traditional Chinese and Western herbal medicine.

BioCeuticals®

Always read the label and follow the directions for use. This product is not available for purchase by the general public.

*IQVIA™ Australian Pharmacy Data, Vitamins, Minerals & Supplements category, Cold, Flu & Immunity segment, Value Sales, 52 weeks to 3rd January 2023.

+ PHARMACY ONLY

30% OFF RRP*

FROM \$6.49

Zanzole
A. 24HR 20mg 7 Tablets \$6.49
B. 24HR 20mg 14 Tablets \$9.99

Always read the label and follow the directions for use.

+ PHARMACY ONLY

SAVE \$2.50 OFF RRP*

\$16.49 ea

Vermox
Choc Chews 100mg 6 Chewable Tablets

Always read the label and follow the directions for use.

+ PHARMACY ONLY

30% OFF RRP*

SAVE \$5.00 OFF RRP*

\$11.49 ea

Buscopan
Forte 20mg 10 Tablets

Always read the label and follow the directions for use.

+ PHARMACY ONLY

SAVE \$3.51 OFF RRP*

\$9.99 ea

Gastro-Stop Plus
12 Chewable Tablets

Always read the label and follow the directions for use.

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+ PHARMACIST ONLY



50% OFF RRP*

SAVE \$10.00 OFF RRP*

\$9.99

Maxigesic
Cold & Flu Hot Drink Double Strength 10 Sachets

Always read the label and follow the directions for use. Incorrect use could be harmful. Ask your pharmacist about this product.

+ PHARMACY ONLY



40% OFF RRP*

SAVE \$4.50 OFF RRP*

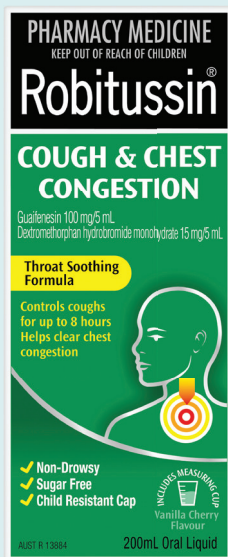
\$5.99

Maxigesic
Double Action Pain Relief Paracetamol & Ibuprofen 12 Tablets

Always read the label and follow the directions for use. Incorrect use could be harmful.

+ PHARMACY ONLY

A



15% OFF RRP*

B



COLD AND FLU SEASON SORTED

UP TO

50% OFF RRP^*

SAVE \$2.91 OFF RRP*

\$12.99 ea

Robitussin
Cough & Chest Congestion or Dry Cough Forte 200mL

Always read the label and follow the directions for use.

A



35% OFF RRP*

B



FROM

\$2.59

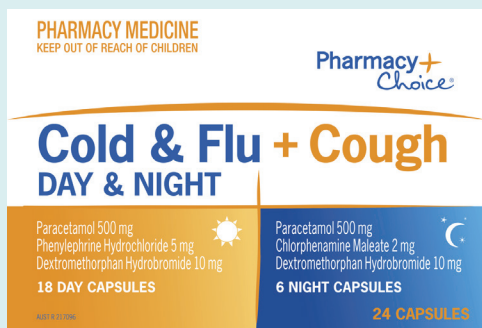
Dettol
A. Instant Hand Sanitiser 50mL \$2.59
B. Instant Hand Sanitiser 200mL \$5.79

+ PHARMACY ONLY

40% OFF RRP*

SAVE \$4.46 OFF RRP*

\$5.49



Pharmacy Choice
Cold & Flu + Cough Day & Night 24 Capsules

Always read the label and follow the directions for use.



25% OFF RRP*

SAVE \$2.31 OFF RRP*

\$6.69 ea

Strepsils
Herbal Cough+ or Chesty Cough+ Honey Lemon Flavour 16 Lozenges

Always read the label and follow the directions for use.



16 LOZENGES Honey Lemon Flavour

+ PHARMACY ONLY

20% OFF RRP**

SAVE \$5.01 OFF RRP^
\$15.99 ea



Codral
Kids Cold & Flu Cough + Immunity Support or Chesty Cough Oral Liquid 200mL

Always read the label and follow the directions for use. Codral Kids Cold & Flu Cough + Immunity Support includes Sambucus nigra fruit juice which is traditionally used in Western Herbal medicine to relieve symptoms of common cold and flu.

20% OFF RRP**

SAVE \$3.81 OFF RRP^
\$12.99 ea



Advil
Children 2-12 Years Pain & Fever Relief Oral Liquid Suspension Strawberry Banana Flavour 200mL

Always read the label and follow the directions for use. Incorrect use could be harmful.

+ PHARMACY ONLY

25% OFF RRP**

SAVE \$5.26 OFF RRP^
\$13.99 ea



Dymadon
Paracetamol for Kids 2-12 Years Pain & Fever Relief Oral Liquid Suspension Orange or Strawberry Flavour 200mL

Always read the label and follow the directions for use. Incorrect use could be harmful.

+ PHARMACY ONLY

25% OFF RRP**

SAVE \$5.50 OFF RRP^
\$15.49 ea



Demazin
Cold + Flu + Cough Day + Night 48 Capsules

Always read the label and follow the directions for use.

+ PHARMACY ONLY

30% OFF RRP**

SAVE \$6.20 OFF RRP^
\$14.29 ea



Bisolvon
Chesty Forte Oral Liquid 200mL

Always read the label and follow the directions for use.

+ PHARMACY ONLY

20% OFF RRP**



Duro-Tuss
Chesty Cough Forte 24 Tablets

Always read the label and follow the directions for use.



25% OFF RRP**

SAVE \$2.71 OFF RRP^
\$7.79 ea



Strepfen
Anti-Inflammatory Honey & Lemon or Sugar Free Orange 16 Lozenges

Always read the label and follow the directions for use. Incorrect use could be harmful.

20% OFF RRP**

SAVE \$2.41 OFF RRP^
\$7.49



Vicks
VapoPops Kids Medicated Throat Pops Berry Flavour 8 Lozenges

Always read the label and follow the directions for use.

35% OFF RRP**

SAVE \$6.41 OFF RRP^
\$11.49 ea



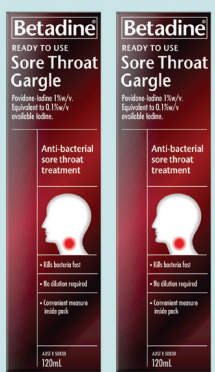
Vicks
Cough Syrup Xtra Strong Dry & Chesty Liquid 200mL

Always read the label and follow the directions for use.

+ PHARMACY ONLY

30% OFF RRP**

SAVE \$5.70 OFF RRP^
\$13.29 ea



Betadine
Ready To Use Sore Throat Gargle 120mL

Always read the label and follow the directions for use.

20% OFF RRP**

SAVE \$14.00 OFF RRP^
\$42.99



Nasonex
Allergy Nasal Spray 140 Metered Sprays Twin Pack

Always read the label and follow the directions for use.

15% OFF RRP**

SAVE \$2.26 OFF RRP^
\$9.99 ea



Fess
Original Saline Nasal Spray 30mL

Always read the label and follow the directions for use.

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Voltaren
Pain Relief Gel 12 Hourly 150g
Always read the label and follow the directions for use.



Dencorub
A. Arthritis Cream 100g **\$6.49**
B. Pain Relieving Heat Patches 3 Pack **\$8.89**
Always read the label and follow the directions for use.



30% OFF RRP*

35% OFF RRP*



Abundant Natural Health
Ocean Magnesium Pain Relief Spray or Gel 100mL
Always read the label and follow the directions for use.



AthElite
Pain Blaster Heat Patches 7 Pack



Bodichex
Wheat Pack Long or Square
Always read the label and follow the directions for use.



Omron
TENS Therapy Device HV-F127
Always read the label and follow the directions for use.

Aveeno®

DERMATOLOGIST RECOMMENDED BRAND

Aveeno®
Daily Moisturising LOTION

Nourish Normal + Dry Sensitive Skin
Hydrates and protects skin barrier

48 hour hydration

Nourish & soften sensitive skin*

Aveeno Skincare Range
(Selected Variants)

*After 4 weeks of continuous use

530701

Mustela®

Stelatopia - the family solution for eczema-prone skin from birth on ¹

25% OFF RRP*

Proud Supporter
eczema association
australasia
eaa

Contains patented ingredients:

- Sunflower Oil Distillate® to help regenerate lipids and soothe skin
- Avocado Perseose® to protect skin barrier and preserve skin hydration level

1. Newborn out of NICU.

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Cleanse & Soothe¹

REDNESS PRONE SKIN

25% OFF RRP*

NEW



Suitable for Rosacea-Prone Sensitive Skin*

1. Galderma Data on file (RD.03.SPR.105321). *With redness as the primary feature. AU-CET-2600060

PHARMACIST ONLY

SAVE \$2.51 OFF RRP*
\$20.99 ea



Zovirax Duo
Cold Sore Treatment Cream 2g
Always read the label and follow the directions for use.



FROM \$14.49

Epaderm
A. Ointment 500g \$14.49
B. Cream Pump 500g \$17.49

25% OFF RRP*

40% OFF RRP*

SAVE \$4.51 OFF RRP*
\$6.49 ea



Vaseline
Gluta-Hya Serum Burst Lotion
200mL Range (Selected Variants)

LA ROCHE POSAY
LABORATOIRE DERMATOLOGIQUE

CeraVe
DEVELOPED WITH DERMATOLOGISTS

DERMATOLOGICALLY TESTED SKINCARE



SAVE \$3.96 OFF RRP*
\$39.99 ea



Novalac
Allergy Infant Formula Powder 800g
Breastmilk is best for most babies. Consult your doctor or pharmacist when considering this product



FROM \$6.39

Skin Control
Pimple Patch Range (Selected Variants)



20% OFF RRP*



30% OFF RRP*

Colgate
Optic White Range (Selected Variants)

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HOT PRICE



Schwarzkopf
Creme Supreme Permanent Hair Colour (Selected Variants)



Tresemme
Shampoo or Conditioner 940mL (Selected Variants)



U By Kotex
Range (Selected Variants)



Waxsol
Ear Wax Drops 10mL
Always read the label and follow the directions for use.



Hotteeze
Heat Pads Large 10 Pack
Always read & follow the instructions for use & health warnings. If symptoms persist, talk to your health professional. Do not stick directly on skin.



MoliCare
Premium Mobile Range (Selected Variants)

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+ your local pharmacy[®] is:



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