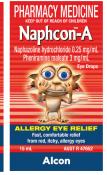


PHARMACY ONLY





Naphcon-A

Allergy Relief Eye Drops 15mL Always read the label and follow the directions for use.

PHARMACY ONLY



Nexium

24HR Once Daily Dosing 20mg 14 Tablets Always read the label and follow the directions for use.







Scholl

- A. Eulactol Heel Balm Gold 120mL
- B. ExpertCare 2in1 Electronic Foot File System

PHARMACY ONLY





Flixonase

Allergy & Hayfever Nasal Spray 24 Hour 120 Sprays

PHARMACY ONLY









Otrivin

Adult Nasal Spray 10mL

Always read the label and follow the directions for use

Plus FIBRE

orben **\$7**19

A. Silky White Tissues 250 Pack \$2.19 B. Silky White Toilet Paper 8 Pack \$5.99









Deodorant Antiperspirant and Body Spray 165mL Range (Selected Variants)



Nicorette

QuickMist Mouthspray Freshmint or Cool Berry 150 Sprays 2 Pack

Always read the label and follow the directions for use. Stop Smoking aid.

Sustagen

Active +Fibre Chocolate or Vanilla Flavour 840g

SUSTAGEN® Hospital Formula plus fibre is a formulated meal replacement and cannot be used as a total diet replacement. Consume as part of a varied and balanced diet and healthy lifestyle.

Managing Allergies This Spring

As spring settles in, many of us start to notice the familiar signs of seasonal allergies - sneezing, itchy eyes, and a bit of congestion. It's a common part of the season, but the good news is, there are simple ways to help manage the discomfort.

Start with everyday habits like:

- Keeping windows closed on high-pollen days
- Rinsing off or changing clothes after spending time outdoors
- Staying well hydrated

These small steps can make a real difference in how you feel.

There are also over-the-counter options such as antihistamines, nasal sprays, and eye drops that may help relieve mild symptoms.

If you're unsure which products are right for you, your local pharmacy is here to offer friendly, personalised advice.

A little self-care goes a long way. Take it easy, enjoy the sunshine (with tissues nearby!) and give your body time to adjust as you ease into the season.





AllerSearch

A. Econo-Spacer B. Ventalair MAX Nebuliser Therapy System



PHARMACY ONLY





Pharmacy Choice

Fexo 180 30 Tablets

Always read the label and follow the directions for use.



Rhinocort

Hayfever & Allergy Extra Strength Nasal Spray 120 Sprays Always read the label and follow the directions for use.



Nasonex

Allergy Nasal Spray 140 Metered



Allergy + Hayfever Relief 30 Tablets Always read the label and follow the directions for use.



Kids Antihistamine Allergy & Hayfever Liquid Grape or Bubblegum Flavour 120mL

Always read the label and follow the directions for use.



- A. Hayfever Relief Nasal Spray 5mL
- B. Hayfever Relief Nasal Spray 20mL \$24.99

Always read the label and follow the directions for use.



Nivea

Skincare Range (Selected Variants)



Hopes Relief

Premium Eczema Cream 125g Always read the label and follow the directions for use. Traditionally used in Western Herbal Medicine for symptom relief of mild eczemá,



Skincare Range (Selected Variants)



Vaseline

Body Lotion 750mL Range (Selected Variants)



Dermaveen

Face Care Range (Selected Variants)



Ego QV

Face Range (Selected Variants)



Pharmacy Choice Skin Wash 1 Litre



Benzac

Power Patch 24 Pack or PowerPatches Skin Restore 23 Pack





Libra

Range (Selected Variants)



TOM

Organic Period Cup Size 1 or 2 Always read the label and follow the directions for use.



Plunkett's NS8

ALL-IN-ONE Heel Balm 125mL



Manicare

A. Precision Tweezer Pink \$10.09 B. Eyelash Curler \$10.79



Scan to read online now

Check Out Our New E-Magazine!



Spring Into Savings For Bab

UP TO 50% OFF RRP



25% OFF





Euky Bear

A. Big Feeling or Worry Buster Diffuser Oil 10mL \$12.49 B. Mindful Moments Children's Meditation Aid \$75.49 Always read the label and follow the directions for use

20% OFF RRP



BioGaia

A. Protectis Baby Probiotics Drops with Vitamin D 5mL \$32.99 B. Protectis Kids Chewable tablets with Vitamin D \$32.99



Range (Selected Variants)









MediChoice

Vapour Rub 100g Always read the label and follow the directions for use

40% OFF RRP



Curash

Baby Wipes Frangrance Free or Vitamin E 3 x 80 Pack



Medescan RainbowMist Cool & Warm Ultrasonic Humidifer



Braun

Thermoscan 3 Infrared Ear Thermometer



Sudocrem

Healing Cream Range (Selected Variants)



NAN

OPTIpro Stage 3

Enjoy supplementary to a varied diet when energy and nutrient intakes may not be adequate. From 1 year of age.



Gold Stage 3 Toddler or Stage 4 Junior 900g

Formulated supplementary food for young children. Always read the



Range (Selected Variants)

PHARMACY ONLY



Dvmadon

Paracetamol For Kids 2-12 Years Strawberry or Orange Flavour 200mL

Always read the label and follow the directions for use. Incorrect use



Demazin

Kids Cold & Flu Oral Liquid 200mL (Selected Variants)



AptaGrow

Nutrient-Dense Milk Drink 900g (Selected Variants)

Food for Special Medical Purposes. Not suitable as a sole source



First Response

Pregnancy Test Range (Selected Variants)

Always read the label and follow the directions for use.

PHARMACY ONLY



Cromo-FRESH

Eye Drops 10mL

Always read the label and follow the directions for use.



ActiMist Advance Preservative Free Eye Spray 10mL



- A. Renu Fresh Multi-Purpose Solution Duo Pack 475mL \$20.99
- B. Biotrue Multi-Purpose Solution Duo Pack 420mL **\$22.99**



Clearwipe

Lens Cleaner or Antifog Lens Cleaner 60 Wipes

Self-Testing Kits for Wellness

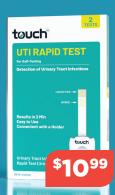
Monitor your health at home

- STI Test for Chlamydia & Gonorrhoea
 - **Vitamin D Test**
- Iron Level (Ferritin) Test
 - **UTI Test**









touch



Wanderlust

Vitamins & Minerals Range (Selected Variants)

Always read the label and follow the directions for use. Traditionally used in Western Herbal Medicine to support the immune system to fight illness. Used in Traditional Chinese Medicine to maintain healthy immune system function.

PHARMACIST ONLY



OsteVit-D

One-A-Week 30 Capsules
Ask your pharmacist about this product



Life-Space

20%

Probiotics Range (Selected Variants)



Maltofer

A. Oral Iron Syrup 150mL \$19.99

B. Oral Iron 30 Tablets \$22.99

Always read the label and follow the directions for use



- A. Vita-D Vitamin D Supplement 60 Capsules \$6.99
- B. Cal-600 Calcium Supplement 120 Tablets \$7.99

lways read the label and follow the directions for use



Caltrate

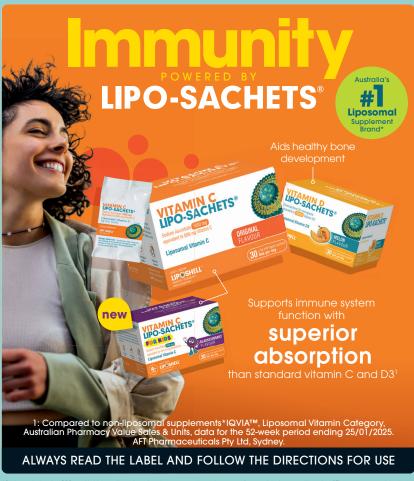
Joint Health 30 Tablets

Always read the label and follow the directions for us



Always read the label and follow the directions for use.

*IQVIA** Pharmacy Data, Vitamins, Minerals & Supplements category, Immune Health segment, Value Sales, 52 weeks to 22nd March 2025





PHARMACIST ONLY



Osteomol 665

Blister or Bottle 96 Tablets

Ask your pharmacist about this product. Incorrect use could be harmful.

PHARMACY ONLY



Pharmacy Choice

Paracetamol 20 Tablets

Always read the label and follow directions for use. Incorrect use could be harmful.



Nurofen

Zavance 80 Liquid Capsules Always read the label and follow the directions for use. Incorrect





Advil

90 Liquid Capsules

Always read the label and follow the directions for use. Incorrect







Panadol

16 Soft Gel Capsules

Always read the label and follow directions for use. Incorrect use could be harmful.







Nurofen

Double Strength Zavance Ibuprofen Sodium Dihydrate 512mg 12 Tablets



120 Chewable Tablets



Coloxyl

With Senna Constipation Relief 90 Tablets

Always read the label and follow directions for use.





Range (Selected Variants)



Deep Heat

Extra Strength Cream 100g or Back Pain Extra-Large Heat Patches 2

Always read the label and follow the directions for use



Voltaren

Pain Relief Gel 12 Hourly 30g



- A. Effervescent Powder Lemon Flavour 28 Sachets **\$9.49**
- B. Effervescent Powder Cranberry Flavour 28 Sachets **\$11.49**

: Always read the label and follow the directions for use



BUILT ULTRA TOUGH FOR YOU, YOUR FAMILY AND THE WORLD'S BEST ATHLETES

AUMYS READ THE LABEL AND FOLLOW THE OFFICTIONS FOR USE.





BodiChek

A. Reusable Canvas Hot/Cold Pack Medium **\$9.99**

B. Reusable Canvas Hot/Cold Pack Large **\$12.99**



BodiChek

First Aid Kit 126 Pieces

MOT PRICE



John Frieda Haircare Range (Selected Variants)



Shampoo & Conditioner 350mL Range (Selected Variants)



SchwarzkopfBrilliance Range (Selected Variants)



BatisteDry Shampoo Range (Selected Variants)



GilletteRange (Selected Variants)



BraunMens Grooming Range
(Selected Variants)



Veet
Hair Removal Range (Selected Variants)



RexonaDeodorants Range (Selected Variants)

^Savings calculated on RRP provided by supplier at time of catalogue preparation and may not reflect previous in store selling price. *The percentage savings shown are calculated to the nearest 5% of the actual savings.

your local pharmacy is:

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